

Clinic Conversation Guide for Type 1 Diabetes

"Conversations that Truly Matter"

You are the expert at fitting diabetes into your life. There are no right or wrong answers to the questions below. Please fill out the sections that you'd like to discuss today and share this with your team as you see fit.



What is the most important issue to discuss on this visit?



What is something I find challenging in managing my diabetes?



Do I have any T1D goals? If so, is there anything that makes it hard to reach my goal(s)?



For further info and to provide your feedback as to the usefulness of this guide, log on to:

www.t1thinktank.com




What am I doing well to manage my diabetes?



How can my diabetes team best help me?

- Acknowledge my feelings
- Listen to me
- Answer my questions about _____



Anything else I would like to discuss:

- Concerns
- Resources available to me
- Research and new treatments